

ST. PIUS X

ALTAR & ROSARY JOY!



Caring women working together to nurture the love of Jesus Christ through the intercession of Mary.

Service Projects

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St. Pius X Altar & Rosary JOY
(Jesus First, Others Second, Yourself Last)

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St. Pius X

St. Pius X School no longer has teacher wish lists. Their main fundraiser is the Annual Auction each spring. Contact St. Pius X School Principal, 515-276-1061, or the Home & School Association, hspresident@stpiusxschool.org.

Catholic Circle of Faith Habitat for Humanity Greater Des Moines is a uniquely local and tangible opportunity to join in building a better community. St. Pius X is participating in the Catholic Circle of Faith Habitat Build with 9 other Catholic parishes. In partnership, decent and affordable homeownership is provided for qualified low-income families in the Des Moines area. They have been operating for 12 plus years and are building another home. They need food for work days. This can be sandwiches or casseroles, chips, cookies and bars. Contact Jim & Connie Meier Cade (515)270-1044, cade627@gmail.com.

St Pius Faith Formation is in need of volunteer greeters for in person faith formation nights. Contact Children's Ministry at St. Pius X, 276- 2059.

Urbandale Community

URBANDALE FOOD PANTRY

Urbandale Food Pantry is a collaborative community effort to reach out to our neighbors to provide food assistance with dignity and compassion. It is one of the Des Moines Area Religious Council's (DMARC) food pantry sites. (There are a total of 13 food pantries in Polk County). It is located at 7901 Douglas Ave. The Urbandale Food Pantry offers:

- Nutritionally-balanced, 3-day supply of food based on family size, once per calendar month
- Personal care products such as shampoo, conditioner, soap, deodorant, toothpaste, toothbrush, toilet paper, sanitary napkins, diapers and laundry soap, once per calendar month
- Refrigerated/frozen foods and milk (when available), once per calendar month
- Bread items (when available), daily
- Fresh produce (when available), daily
- Phone: 515-251-6688 Email: info@urbandalefoodpantry.org
- <http://www.urbandalefoodpantry.org>

URBANDALE CLOTHING CLOSET

Urbandale Clothing Closet accepts clothing donations in order to provide clothing free of charge to those in need. It is managed by Urbandale Community Action Network, and is located at 7509 Douglas Avenue, Suite 5. Donations: Gently used, clean clothing donations are accepted Tuesdays and Thursdays 9 am to 1 pm and Saturdays 9 to 11 am at the clothing closet location. In addition to general clothing donations, they also accept donations of diapers and wipes. <https://urbandalenetwork.org/wp-content/uploads/2020/07/Clothing-Closet-information.pdf>

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URBANDALE SCHOOLS

Urbandale Schools, contact the Coordinator of Student Services, 515-457-5004.

- Personal products, such as deodorant, shampoo, and female products.
- Tennis shoes for gym - middle and high school sizes (We do Shoes That Fit for the elementary aged student's mid-year)
- Elementary size snow pants
- Basic school supplies.

URBANDALE HOLIDAY FEED-A-FAMILY PROGRAM

Urbandale Holiday Feed-a-Family Program provides holiday meals in November to families in need.

- Donate a turkey or ham in November
- Provide holiday food items (potatoes, sweet potatoes, marshmallows, canned fruit, canned green beans, cream of mushroom soup, French fried onions, stuffing, gravy, dinner rolls, butter, frozen or fresh pies, foil roasting pans)

Phone: 515-251-6688 Email: info@urbandalefoodpantry.org

<http://www.urbandalefoodpantry.org/help.php>

URBANDALE COMMUNITY ACTION NETWORK (UCAN)

Urbandale Community Action Network (UCAN) is a 501(c)(3) citizen group providing leadership and ongoing support for comprehensive community-based action to improve the quality of life in Urbandale. UCAN works collaboratively with local government, churches, civic and community organizations, not for profits, citizens and the business community to accomplish common goals.

Summer Lunch Program

Summer Lunch Program serves a free lunch to any child 18 and Under at Murphy Park and Aldersgate church 3 days per week in the summer. Lead volunteers and other volunteers are needed. Contact Urbandale Community Action Network (UCAN) for more information, 515-278- 3936 info@urbandalenetwork.org.

Basic Needs Basket

Every four months, UCAN provides baskets of cleaning supplies and personal care items to families in need in Urbandale. Groups can sponsor a complete basket or donate items that will be consolidated by UCAN.

<https://urbandalenetwork.org/events/basic-needs-basket-drive/> or call 515-248-3936.

Shoes That Fit

Shoes That Fit is in the 3rd year Urbandale Elementary Schools have participated in the Mediacom sponsored Shoes That Fit program. Urbandale teachers identified 280 winter clothing needs this past year. Contact

Urbandale Community Action Network (UCAN) for more information, 515-278-3936, info@urbandalenetwork.org.

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Yard Clean Up

Each fall and spring UCAN sends volunteer groups to homes of local seniors and persons with disabilities who help with raking, trimming and planting. Contact Urbandale Community Action Network (UCAN) for more information, 515-278-3936, info@urbandalenetwork.org.

Metro West Alternative School for At-Risk Teens

Metro West Alternative School for At-Risk Teens is an alternative academic program shared by six school districts: Adel, Dallas Center-Grimes, Johnston, Urbandale, and Waukee. It is a student-centered environment with a staff that is committed to creating positive change for students, leading to social, emotional, and academic success for high school graduation and beyond. Student-centered learning engages student in the learning process. Students attending MWLA are working toward the graduation requirement of their home high school and earn their diplomas from their home high schools. All students are referred by their home high schools and attend either a morning session or an afternoon session. Many of the students have personal needs. Contact Urbandale Community Action Network for more information at (515) 278-3936 or email info@urbandalenetwork.org.

URBANDALE CARE CENTER:

Glen Oaks Alzheimer's Special Care Center

8525 Urbandale Ave., Urbandale, IA 50322,
Contact Brandon Comer, Activity Director, 515-497-7919

Need items for BINGO:

- Small boxes of toothpaste, toothbrushes
- Chocolate
- Cheese and cracker packets,
- Decorative beverage napkins
- Hair brushes, combs
- Candy that is soft, not hard and no nuts
- Small boxes of Kleenex
- Shower caps for the ladies
- Also need nice smelling lotions for aromatherapy.
- Sewers for Clothing Protectors and Walker Tote Bags

Bickford Assisted Living and Memory Care

5915 Sutton Place, Urbandale, IA 50322
Contact Activity Director, 515-868-5401

Need items for weekly BINGO

- Fun-size snickers or other mini candy bars
- Small bottles lotion/perfume
- Kleenex or small decorative beverage napkins

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- Small crafts
- Mini bottles of Sprite or water
- Notepads, fancy pens
- Ornaments or small things for their room Tooth brush and paste
- Every Wednesday afternoon: plates of cookies or cheese and crackers

Karen Acres Health Care Center

3605 Elm Dr., Urbandale, IA 50322

Contact: Ronnie, Activity Director, 515-276-4969

Need items for BINGO held twice a week

- Fun-size snickers or other mini candy bars Small bottles lotion/perfume
- Small box of Kleenex
- Ornaments or small decorations for their room
- Mini bottles of Sprite or water Notepads, fancy pens
- Small decorative beverage napkins Small crafts

Urbandale Health Care Center

4614 NW 84th St., Urbandale, IA 50322

Contact: Activity Director, 515-270-6838

For BINGO give quarters or points

Items needed

- Magazines after you are finished reading
- DVDs, CDs, Movies, Books on tape
- Would love to have volunteers to help push wheelchairs when they go to Target

Senior Suites of Urbandale

4700 84th St., Urbandale, IA 50322

Contact: Hope 515-270-9700,

Need items for their annual Christmas Bazaar for Residents. Residents can purchase craft items, jewelry, holiday ornaments, etc.

Mercy Hospice

5820 Winwood Dr., Johnston, IA 50131

Contact: 515-643-6150

- Baked goods for the family room
- Knit or crochet items
- Snacks

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- Angels
- Quilts for veterans
- Provide a meal for a family at holiday time

COMMUNITY AT LARGE

Bishop Drumm Birthday Party

Bishop Drumm Birthday Party is serving the residents of Bishop Drumm cake and ice cream and honoring those who are celebrating birthdays that month. A Circle may donate or use their Circle service allotment monies for expenditures. Contact the Pastoral Care Minister at Bishop Drumm, 515-270-1100, to see what months are available. They will provide you with the count of residents who have birthdays in the month and the anticipated number of residents who might attend the birthday party. The usual time for the party is in the afternoon. Cake, usually cupcakes, ice cream in cups, lemonade and coffee are served, and birthday cards are given. More details are provided in the Altar & Rosary JOY procedures.

Diocese of Des Moines:

Donated items needed by St. Joseph Emergency Family Shelter, St. Mary Family Center and Refugee Resettlement call 515-244-3761 to speak with a staff member about most needed items and collections.
catholiccharitiesdm.org

Emergency Family Shelter

Emergency Family Shelter is the only emergency shelter in Polk County where the entire family unit can stay together. St Joseph's provides safe, clean housing for homeless families for a limited stay. Currently 10 families can be housed for 30 days. Services include:

- Private rooms and laundry facilities
- Family Advocate on staff
- All meals, infant & personal hygiene items
- Donated furniture and household items available for guests moving into permanent housing
- Referrals to community resources and assistance

The evening meal is needed. Contact 515-282-1235 to provide all or part of a meal for 30 people.

Food Pantry

Food Pantry distributes more than 8500 food boxes each year to an average of 660 families each month. They also offer perishable food items, clothing and infant items at an average of 450-550 people each day.

Catholic Charities

See <https://www.catholiccharitiesdm.org/wp-content/uploads/2019/01/Volunteer-One-Pager-10.9.pdf> for a list of volunteer opportunities with Catholic Charities.

Connection Café

Connection Café serves lunch five days a week to homeless and low income individuals and families in downtown Des Moines. Under the direction of a paid coordinator, volunteers from more than 50 churches,

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schools and civic groups donate and serve an average of 137 meals to 105 people every weekday. In 2017, more than 2500 volunteers served 35,291 meals. The Connection Cafe is a program created in 2001 by The Bridge, a collaboration of four downtown Des Moines churches as part of their mission to minister to the poor.-St. Ambrose Cathedral, St. John's Lutheran church, St. Paul's Episcopal Cathedral and First United Methodist. For more information and needs, contact 515-771-1481 theconnectioncafe@hotmail.com

Holding Tiny Hands

Holding Tiny Hands provides a continuum of support to parents of micro-preemies and chronically ill infants beginning in the neonatal intensive care unit (NICU), throughout discharge and beyond. It is a 501(c)3 nonprofit serving Blank Children's Hospital and Mercy Medical Center in Central Iowa since 2010. Tiny Treasures Gift Bags serve as Holding Tiny Hands' introduction to parents. Bags contain baby items and information on community resources. Baby items to be sewn are onesies and baby blankets. St. Pius contact Altar & Rosary JOY St. Irene Circle for sewing patterns. <https://www.holdingtinyhands.org/>

Meals from the Heartland

Meals from the Heartland is a non-profit, 501(c)3 organization composed of volunteers who package meals for delivery to starving people around the world as well as in Central Iowa and elsewhere in the United States. Individuals, businesses, schools, churches and various civic organizations come together to show the nation and the world what people who truly care can accomplish. For more information, phone 515-473-9530. <http://mealsfromtheheartland.org/>

Birthright

Birthright offers love, friendship, and support to women who are pregnant or think they may be pregnant. Birthright is interdenominational, non-political and supported by volunteers and private donations. Birthright Des Moines depends entirely on individual and organization donations for its funding. Birthright Des Moines is 100% volunteer run and driven. All donations go to supporting the woman and her child. Contact 515-633-2133.

Iowa Homeless Youth Centers (HYC)

Iowa Homeless Youth Centers (HYC) works to eliminate homelessness among children, youth and young families in Central Iowa. Programs and staff focus on helping participants set and achieve goals in five key areas: Education; Employment; Safe housing; Life skills; Positive community engagement. They have 9 emergency beds and a drop-in center/shelter for 20-30 homeless youth at 612 Locust St., Des Moines. Please call 515-883-2379 for needs.

Ellipsis

Ellipsis (formerly Youth Emergency Services and Shelter YESS) is central Iowa's critical safety net for kids and families in need. The residential programs include crisis care, residential care and transition support to help youth up to 20 years of age address behavioral or emotional concerns in a safe out of home setting. They serve 687 Kids in residential programs per year and through all their programs impact 750 families each day. Volunteers may provide weekend meals or help with other projects; to sign up go to <https://ellipsisiowa.org/go-give-help/help/> In-kind donations provide the basic necessities and personal care items that connect children with comfort and safety. For a list of accepted items, see <https://ellipsisiowa.org/go-give-help/give/in-kind-donations/>.

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World

Mary's Meals

<https://www.marysmealsusa.org/>

Mary's Meals is a registered charity, formerly known as Scottish International Relief (SIR). It is a global movement that sets up school feeding projects in some of the world's poorest communities, where hunger and poverty prevent children from gaining an education. Mary's Meals provides one daily meal in a place of learning to attract chronically poor children into a classroom where they receive an education that can, in the future, be their ladder out of poverty. Mary's Meals is named for the Virgin Mary by its founders, who were inspired by their Catholic faith, although the charity is not a Catholic organization. Mary's Meals, 590 Bloomfield Ave, Unit 280, Bloomfield, NJ 07003, USA. By phone 800-385-4983.

Catholic Relief Services

<http://www.crs.org/>

Catholic Relief Services was founded in 1943 by the Catholic Bishops of the United States to serve World War II survivors in Europe. Since then, it has expanded in size to reach more than 85 million people in 101 countries on five continents. CRS upholds Catholic teaching and values. Its mission is to assist impoverished and disadvantaged people overseas, working in the spirit of Catholic social teaching to promote the sacredness of human life and the dignity of the human person. Although their mission is rooted in the Catholic faith, their operations serve people based solely on need, regardless of their race, religion or ethnicity

Catholic World Mission

<https://catholicworldmission.org/>

Catholic World Mission was founded by Fr. Thomas Moylan, LC, a priest with the Legionaries of Christ, in 1998. It strives to be the hands, feet and eyes of Christ to the World through four pillars: education, evangelization, medical missions and disaster relief. In partnership with charitable organizations worldwide, they scrupulously target places and projects to provide tools for the needy to use their God-given skills to become the self-sufficient, dignified children of God they were designed to be. They ensure that every donation, large or small, works to alleviate physical and spiritual suffering, while bearing fruit for generations to come. 93% of donations go to charitable causes. For more information, contact Amber Demartino 770-828- 4966, info@catholicworldmission.org Catholic World Mission, 30 Mansell Ct. Suite 103, Roswell, GA 30076

Operation Rice Bowl

<http://www.crsricebowl.org/>

Operation Rice Bowl is Catholic Relief Services' Lenten faith-in-action program for families and faith communities to make a positive difference in the lives of people around the world who struggle with hunger and poverty. It provides Catholics with an opportunity to live out the central themes of Lent by praying with their families and faith communities, fasting in solidarity with those who don't have enough food, learning about the joys and challenges in the lives of our brothers and sisters around the world and giving sacrificial contributions to assist the poor.

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It was started 40 years ago to respond to famine in Africa. Could we feed the hungry through Lenten prayers, fasting and almsgiving? The answer was yes-and it came in the form of a small cardboard box. Twenty-five percent of the monies collected remain in Central and Southwest Iowa to help respond to needs in the local community. Projects funded will typically be those programs dedicated to hunger or poverty alleviation, such as soup kitchens, homeless shelters and food pantries. All projects funded must conform to the social teachings of the Catholic Church and are screened by a local committee which recommends projects for funding to the bishop.

United States Conference of Catholic Bishops

<http://www.usccb.org/catholic-giving/opportunities-for-giving/index.cfm>

United States Conference of Catholic Bishops addresses and responds to a variety of issues and concerns that affect the life of the Catholic Church both within the church community and within contemporary society. Visit opportunities for giving on their website for more information.

Dress A Girl

Dress A Girl is a Hope 4 Women International campaign that protects children from predators in poor countries by allowing them to wear a good quality dress with the Dress A Girl label on the outside. This label indicates that an organization is looking after them and just maybe a predator will pass them over. If you are interested in sewing some of these simple dresses or contributing fabric, contact Des Moines Area ambassador, Donna Moore, 515-259-9443.

Cross Catholic Outreach

<https://crosscatholic.org/>

1-800-914-2420

Cross Catholic Outreach is a 501c3 Catholic relief and development ministry that provides food, shelter, medical care, water, education, self-help programs, and care for orphans, and emergency relief to the poorest of the poor in Dioceses around the world in the name of Christ. They are a Catholic ministry that serves the poorest of the poor internationally by channeling aid through dioceses, parishes and Catholic missionaries, cost-effectively helping the poor break the cycle of poverty while advancing Catholic evangelization. 94.95% goes directly to help the poor and needy. Greatest need is in the area of providing food, education and medicine.

Knights of Columbus Christian Refugee Relief Fund

<https://www.kofc.org/secure/en/donate/persecuted-christian-fund.html>

Knights of Columbus Christian Refugee Relief Fund was launched in August 2014 to support those suffering persecution in Iraq and Syria. Anti-Christian violence in the region has reached unimaginable dimensions. A campaign of religious cleansing by the Islamic State group has terrorized Christian communities and other religious minorities in the region. Since 2014, over \$25 million has been distributed to aid persecuted Iraqis, Syrians and other refugees. Dollars provide for housing and medical care.